

Wellness Sessions

Communicating with Love



The powerful benefits of communication with love help participants develop communication skills which empower their personal and social life.



We demonstrate through communication how to boost your confidence, makes you relaxed and allow to express your needs to make your life easier and happier.



This dynamic and interactive learning session ends with gentle relaxation massage that includes back, head, shoulders and hands.



Place: _____

Date: _____ **Time:** _____



Space is limited. For more information please contact at:

